

CERTIFICATE OF PARTICIPATION

This is to certify that

Rudy Grootendorst

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:43:31

PACE 07:57/km

OVERALL 52 of 149

GENDER 40 of 79

OPEN 22 of 40

23 June 2019, Sun

Date



BoutTime

Signature

